

Gage Foods Blueberry Muffin

Nutrition Facts

Serving Size 28g

Serving Per Container 80

Amount Per Serving

Calories 110 Calories from Fat 25

% Daily Value *

Total Fat 3g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 190mg **8%**

Total Carbohydrate 21g **7%**

Dietary Fiber 1g **4%**

Sugars 10g

Protein 2g

Vitamin A 0% Vitamin C 0%

Calcium 2% Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.