## Gage Foods Basic Muffin

| Nutrition Facts |  |
| :---: | :---: |
| Serving Size 28g |  |
| Serving Per Container 80 |  |
| Amount Per Serving |  |
| Calories 120 Calories from | Calories from Fat 35 |
|  | \% Daily Value * |
| Total Fat 3.5 g | 5\% |
| Saturated Fat 1g | 1 g 5\% |
| Trans Fat Og |  |
| Cholesterol 10mg | Omg 3\% |
| Sodium 210mg | $\mathrm{g} \quad 9 \%$ |
| Total Carbohydrate 20g | drate $20 \mathrm{~g} \quad 7 \%$ |
| Dietary Fiber 1g | 1 g 4\% |
| Sugars 10g |  |
| Protein 3g |  |
| Vitamin A 0\% Vitamin C 0\% |  |
| Calcium 6\% Iron 4\% |  |
| *Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs. |  |

