Ener-G™ Texas Toast

## **Nutrition Facts**

9 servings per container

o oorvingo per container	
Serving size 1	slice (50g)
Amount Per Serving	4 - 0
Calories	150
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 21g	8%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 1g Added Sugars	s <b>2%</b>
Protein 1g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 0mg	0%
Potassium 30mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.