

Nutrition Facts

1 servings per container

Serving size 1 bottle (330ml)

Amount Per Serving

Calories **190**

% Daily Value*

Total Fat 5g 7%

Saturated Fat 1g 6%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 240mg 11%

Total Carbohydrate 10g 4%

Dietary Fiber 3g 9%

Total Sugars 3g

Includes 3g Added Sugars 6%

Protein 27g 42%

Vitamin D 0mcg 0%

Calcium 200mg 15%

Iron 8.5mg 45%

Potassium 540mg 10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.