

# THICKENER SLURRY

Serving Size: ½ cup

## Ingredients:

	<b>1 portion</b>	<b>2 portions</b>	<b>4 portions</b>
Thickener	1 T	2 T	4 T or ¼ C
Use broth, water, milk or juice for liquid	½ C	1 C	2 C

## Directions:

1. For both hot or cold slurry sprinkle the thickener into the liquid, let it dissolve and then stir with a wire whip until smooth. Let stand 10-15 minutes before using in a favorite recipe.
2. Suggest using broth with meats, water or milk with vegetables. Juices with fruits, breads and desserts to enhance the flavor and give color.