

SCHÄR

RED SPAGHETTI

Ingredients: 400 gr **Schär gluten-free Spaghetti**, 500 gr. (1 lb.) of ripe cherry tomatoes, 1 bunch of fresh basil, a little parsley, 5 tablespoons of large, pickled capers, 1 glass of olive oil, salt, pepper, chilli powder to taste

Preparation: Chop the tomatoes into small pieces and clean and chop the basil and parsley. Clean and chop up the capers. Place all the ingredients into a bowl, pour on the oil, season and chill for around an hour. Cook the pasta and pour the sauce over it whilst hot.

Nutritional values/100g

protein 1,2 g fat 12,7 g carbohydrates 4,2 g Kcal 136 Kj 570