Upton Naturals Original Jackfruit, 2.2lbs							
N	u	tr	it	io	n	Fa	cts

Serving Size 2.65 oz (75g) Servings Per Container 13

Amount Per Serving

Calories 25

*Percent Daily Values are based on a 2.000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs. Calories

Less than

Less than

Less than

Less than

2.000

65a

20g

300mg

2400ma

300a

25q

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g Cholesterol 0ma

Potassium 110mg

Sugars <1q Protein <1q Vitamin A 0%

Calcium 4%

Total Fat

Sodium

Sat Fat

Cholesterol

Total Carbohydrate

Dietary Fiber

Dietary Fiber 3a

Sodium 15ma Total Carbohydrate 5g % Daily Value*

0%

0%

0%

3% 1%

2%

12%

Vitamin C 0%

2.500

80a

25q

300mg

375a

30g

2400ma

Iron 2%