

GFS - Chocolate Bliss Granola

Nutrition Facts

Serving Size 1/3 cup (28g)

Serving Per Container 9

Amount Per Serving

Calories 120 Calories from Fat 40

% Daily Value *

Total Fat 4.5g **7%**

Saturated Fat 2.5g **8%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 15mg **1%**

Total Carbohydrate 19g **6%**

Dietary Fiber 2g **8%**

Sugars 7g

Protein 3g

Vitamin A 0% Vitamin C 0%

Calcium 2% Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Value may be higher or lower depending on your calorie needs.