

Nutrition Facts

Serving Size 1/4 cup (41g)

Servings Per Container about 11

Amount Per Serving**Calories 160****% Daily Value*****Total Fat 0g 0%**

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%**Potassium 25mg 1%****Sodium 0mg 0%****Total Carbohydrate 41g 14%**

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2400mg	2400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	