Elmhurst Unsweetened Mi	ilked Cashews
Nutrition	Facts

4 servings per container

Serving size 8 fl oz (240ml) Amount Per Serving 130

Calories % Daily Value\*

Total Fat 10g 13% Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 0mg 0% 0%

Sodium 10ma

Total Carbohydrate 7g 3% Dietary Fiber 0g

0% Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 4q

0%

Vitamin D 0mca

Calcium 15mg

2%

6%

Iron 1mg Potassium 145mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a

day is used for general nutrition advice.