Two-Potato Gratin

Yield: about 24 (3/4 cup) servings

Ingredients	Measure	Nutrition per S	Nutrition per Serving	
	24 –3/4 cup			
Water	3 ½ cups	Calories	150	
Med-Diet® Low Sodium Cream Soup Base	5 oz (1 cup + 2 Tbsp)	Total Fat g	3	
Chopped garlic	1 Tbsp	Saturated Fat g	.5	
Chopped fresh rosemary	1 Tbsp or 1 tsp dried	Cholesterol mg	0	
White pepper	½ tsp	Sodium mg	110	
Thinly sliced baking potatoes	5 ¼ lb	Carbohydrate g	27	
Thinly sliced sweet potatoes	1 3⁄4 lb	Fiber g	2	
Soft bread crumbs	1 ½ oz (1 cup)	Sugar g	4	
Grated Parmesan cheese	1 oz (¼ cup)	Protein g	4	
Olive oil	½ oz (1 Tbsp)			

Preparation

- 1. Heat oven to 400°F.
- 2. In large bowl, whisk together water, cream soup base, garlic, rosemary and white pepper until blended. Add potatoes; stir to coat.
- 3. Transfer potato mixture to large baking pan. In small bowl, stir together bread crumbs, cheese and oil; sprinkle over potato mixture. Cover with aluminum foil.
- 4. Bake gratin 1 hour; remove foil. Adjust setting to broil. Broil 5 minutes or until topping is browned.

Variation Root Vegetable Gratin

Replace part of the baking potatoes with any combination of thinly sliced rutabaga, parsnips, and turnips.

Product Information

Product	Case Pack	Yield	Product Code
Med-Diet® Low Sodium Cream Soup Base	6 – 14 oz	6 gal	2192045