

# BUTTER BUDS®

## CHEDDAR BUDS® SAUCE

Number of portions: 82    Size of portion: 1/4 Cup

<b>Cheddar Buds®</b> , dry mix	2 lb bag	Mix 2 lb. bag with 4 quarts hot tap water. 1 pkg yields 10 lbs. of sauce.
Water, hot	4 qts	For the approximate smaller portions use the following: 8 cups of sauce = 16 oz Cheddar Buds® (1/2bag) + 64 oz water 4 cups of sauce = 8 oz (dry wt) Cheddar Buds® + 32 oz water 1 cup of sauce = 1/2 cup Cheddar Buds® + 1 cup water Serving Suggestions: On top of mashed potatoes, baked potatoes, served over broccoli and other vegetables, as a soup base.

### ***Nutritional Information***

Calories 40 Iron 0.00 mg Protein 0.00 g % Calories from protein Cholesterol 5 mg Calcium 41.62 mg  
Carbohydrates 8.05 g 79.80% Calories from carbohydrates Sodium 333 mg Vitamin A 0.0 IU Total Fat  
0.00 g % Calories from total fat Dietary Fiber 0.00 g Vitamin A 0.0 RE Saturated Fat 0.00 g % Calories  
from saturated fat Vitamin C 0.11 mg Trans Fat 0.00\* g % Calories from trans fat

*Note: \* - asterisk denotes nutrients with either missing or incomplete nutrient data.*